

Culture Based Prevention Resources

for American Indian &
Alaska Native Communities



Celebrate Native approaches to wellness while empowering elementary and middle school students to rise above unhealthy behaviors like substance misuse with all-new, no-cost digital learning resources from Operation Prevention.

Created in collaboration with the Drug Enforcement Administration (DEA), National Indian Education Association and Discovery Education, **Operation Prevention** is an award-winning educational program dedicated to preventing substance misuse in every school, workplace, and community nationwide.

Good Medicine Bundle Holistic Substance Misuse Prevention Tools

Hands-On Activities

Inspire students to honor their cultural heritage of health and wellbeing through mindful action. These flexible activities combine the power of traditional knowledge systems with amazing science-based insights into students' minds and bodies.

- ◇ "Traditional Ways Teach Us that Gratitude is Healthy"
- ◇ "The Lakota Values of Wa on'sila and Wowokiye: The Healing Power of Finding Balance in Traditional Ways"
- ◇ "Food Sovereignty: Relying on Nutrition instead of Chemicals to Make our Bodies Stronger"
- ◇ "Our Bodies are Sacred: Honoring our Ancestors by Staying Active. Cultural/Sacred Value of Movement"

Digital Lesson Bundles

Bring fundamental Native American cultural values to life with interactive classroom resources that harness the wisdom of the past to help students solve the challenges of today's world. Each lesson immerses students in authentic Native customs, knowledge, and history with the help of a comprehensive PowerPoint presentation and accompanying Educator Guide.

- ◇ "Traditional Native Fire Stories Can Teach Us About Emotions"
- ◇ "The Medicine Wheel"

Master Class Videos

Professional Learning Series

Deepen educator understanding of culture-based prevention resources with a Master Class video series, featuring experienced Native educators sharing tips and strategies on how to engage all students using these multi-faceted resources.

This NO-COST, standards-aligned program for young people ages 8-18 is available in every school, home, and state in the nation to kickstart lifesaving actions TODAY.

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Resources available on both
English & Spanish websites



School Resources

A variety of digital lesson plans, activities, and three Virtual Field Trips help spark lively discussions about opioid misuse. Students learn the importance of staying safe, making healthy decisions, and the devastating effects substance misuse can have on their lives and communities.



Self-Paced Module

The Science of Addiction: The Stories of Teens tells the stories of real teens who share their firsthand experiences of how opioid misuse negatively impacted their futures and families. Students will build essential strategies for saying "No."



Parent Toolkit

Parents can join the conversation with a family discussion guide, featuring info on the warning signs of opioid misuse. A guide to prevention and intervention encourages families to take action NOW.



Multi-Drug Topic Series

A Multi-Drug Exploratory uses science-based animated videos to teach students about the most prevalent forms of substance misuse, including an Educator Guide to tie the videos together.



Workplace Resources

Educators, administrators, and other professionals can lead the way to stronger schools and communities by addressing opioid misuse in the workplace with a series of self-guided resources.



Culture-Based Resources

The wisdom of Native practices of wellness combined with the insights of modern science help empower Native and non-Native students to avoid the dangers of substance misuse.

Visit **OperationPrevention.com** to
access additional no-cost resources.

Join the Conversation

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