Did you know?
• High doses of DXM can create feelings of out-of-body sensations.
• Illicit use of DXM is referred to on the street as Robo-tripping, Skittling, or Dexing.
• Teen abuse of DXM is decreasing; 12th graders decreased their past year use of DXM from 7.0 percent in 2006 to 4.0 percent in 2016. (Source: 2017 Monitoring the Future Study, University of Michigan).

True or False?
• A prescription is needed to buy products with DXM. FALSE

Fact: no prescription is needed for DXM. It is not a controlled substance or a regulated chemical under the Controlled Substance Act.

• There are no warning signs of cough medicine abuse. FALSE

Fact: Some warning signs are empty cough medicine boxes or bottles in your child’s room, backpack, or locker; purchase or use of large amounts of cough medicine when not ill; missing bottles or boxes of cough medicine from home medicine cabinets; and changes in friends, physical appearance, or sleeping or eating patterns.

For drug prevention information, visit DEA’s websites:

GetSmartAboutDrugs.com
For Parents, Caregivers, and Educators

JustThinkTwice.com
For Teens

CampusDrugPrevention.gov
For College Students

dea.gov

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