# DRUG ENFORCEMENT ADMINISTRATION



### THE FACTS ABOUT MDMA



#### What is it?

MDMA, (3,4-methylenedioxy-

methamphetamine), known as **Ecstasy** or **Molly**, is a synthetic psychoactive drug. Ecstasy is the pill form of MDMA. Molly is the slang for "molecular" that refers to the powder or crystal form of MDMA. Molly is often mixed with other drugs and substances and is not pure MDMA or safe to use.

#### How is it used?

MDMA or Ecstasy is taken orally in pill or tablet form. These pills can be in different colors with images on them. Molly is taken in a gel capsule or snorted.

What does MDMA do to the body and mind?

• As a stimulant drug, it increases **heart rate and blood pressure.** Users may experience muscle tension, involuntary teeth clenching, nausea, blurred vision, faintness, chills, or sweating

• It produces feelings of increased energy, euphoria, emotional warmth, empathy, and distortions in sensory and time perception.

• Feelings of sadness, anxiety, depression and memory difficulties are other effects.

• It can seriously **deplete serotonin levels** in the brain, causing confusion and sleep problems.

### Did you know?

- DEA has labeled MDMA as a Schedule I drug, meaning its **abuse potential is high** and it has no approved medical use. It is **illegal** in the U.S.
- In high doses, MDMA can affect the body's ability to regulate temperature, which can lead to serious **health complications** and **possible death.**
- Teens are using less MDMA. Teens decreased their past year use of MDMA from **1.9%** in 2010 to **1.2%** of teens using 2012. (Source: National Institute of Drug Abuse, 2012 National Survey on Drug Use and Health).

## True or False?

- Taking Molly is OK because it is a "pure" form of MDMA. FALSE Fact: Molly is often mixed with harmful drugs. It is not safe to use.
- The effects of MDMA only last three to six hours. FALSE Fact: While the high from MDMA may only last three to six hours, the negative health and emotional effects can last a few days to a couple of weeks. (Source: www.drugabuse.gov)

